

Main Season CSA Points System

By using a “points system” for our CSA, we can keep share value constant while giving you the flexibility to choose a healthy, delicious share that YOU want to eat!

(No need to memorize any of this--there will be a farmer at every pickup to help you.)

Full Share

Eight points per week (June-July).

Ten points per week (August-October).

Perfect for families of 3 or more, or couples that cook frequently.

Half Share

Four points per week (June-July).

Five points per week (August-October).

Great for single people, or couples that cook infrequently.

All vegetables (and occasional fruit, such as melons) are certified organic by NOFA-NY, LLC.

Vegetable availability will change from week to week, and we may set limits on popular items or types of items. For example, you may be able to use only half of your points on salad greens, or we might limit the total amount of tomatoes per share.

Our CSA share is not designed to be completely free-choice, but we want to give you the flexibility to choose a healthy, delicious share that is right for you!

Examples of what a full share may look like:	Early July (8 pts) ¾ lb. spinach ½ lb. arugula 2 medium heads lettuce 1 bunch carrots 1 bunch kale 1 bunch radishes 1 head cabbage 1 head bok choy	Late August (10 pts) 1 large head lettuce 2 lb cucumbers 2 zucchini 1 lb peppers 2 lbs tomatoes (2 pts) 1 bunch beets 1 bunch each basil and parsley 2 lbs potatoes 1 cantaloupe
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Examples of what a half share may look like:	June (4 pts) 2 medium heads lettuce ½ lb Red Russian salad kale 1 lb broccoli 1 pint snap peas	October (5 pts) ½ lb spinach 1 bunch salad turnips 1 butternut squash 1 bunch kale 2 lbs carrots
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